

CENTRAL & SOUTH AMERICA

## Costa Rica

7 Days / 6 Nights

San José, Tortuguero, Arenal National Park, and Guanacaste



### Costa Rica Trip Highlights

#### Tortuguero National Park

Explore ancient forests by boat and search for exotic animals including mischievous monkeys, beautiful birds and giant sloths in Tortuguero National Park.

#### Pineapple Plantation Tour

Learn to live off the land at a real working plantation! Discover Costa Rica's spirit of environmental respect and meet the people who live and work the earth every day.

#### Zip Lining in Arenal National Park

Zip line through treetops and soar across the sky above the rainforest canopy of Arenal National Park. Our guides help make this the thrill of a lifetime!

#### Tenorio River White Water Rafting

Enjoy a rafting adventure down roaring rapids and gushing waters on the Tenorio River (Class II) as you glide past a forest full of exotic creatures.

#### Accommodations

Costa Rica Marriott Hotel  
Laguna Lodge  
Hotel Arenal Manoa  
Villas Sol Hotel & Beach Resort

#### Flight Information

Arrive: SJO (San José)  
Return: LIR (Liberia) Internal Flight  
Included

#### Ages

Minimum Age: 4  
Suggested Age: 8+

#### Meals

6 Breakfasts  
4 Lunches  
5 Dinners

## ***Adventures By Disney | Itinerary: Day 1***



### **Arrive in San José**

After you pass through customs, meet an *Adventures by Disney* representative who will assist with your luggage. Relax as a driver whisks your family away to the nearby resort.

### **Costa Rica Marriott Hotel**

This stylish, modern hotel is nestled on a verdant coffee plantation. Unwind in the grand courtyard or enjoy the hotel's amenities, including a swimming pool, lounge and gymnasium. If you wish to explore the area, your Adventure Guides can make suggestions.

### **Dinner On Your Own**

Tonight, you and your family can enjoy the hotel's excellent restaurant or ask your Adventure Guides to recommend nearby local dining. Get ready—tomorrow you will begin your expedition into beautiful and breathtaking Costa Rica!

Accommodations: Costa Rica Marriott Hotel

**Meals included:** None

## Adventures By Disney | Itinerary: Day 2



### Continental Breakfast and Flight

Kick off your week in the tropics with an early continental breakfast before you board a charter Otter Aircraft for an exclusive flight to beautiful Tortuguero. Its name meaning "Land of the Turtles," Tortuguero is where the green sea turtles nest each year from July to September.

### Arrive at Laguna Lodge

Once you land in Tortuguero, take a short boat ride to Laguna Lodge. With its organic architecture and whimsical interiors, this rustic lodge is nestled in the leafy rainforest overlooking a brilliant sapphire lagoon. Relax as your Adventure Guides will check you into your hotel. At a festive full breakfast, meet the other adventurous families that will share your journey through paradise!

### Tortuguero National Park

Sea turtles, toucans, sloths, white-headed capuchin monkeys and more inhabit the network of marshy islands that comprise this dazzling national park. Various habitats such as wetlands, canals and beaches weave together to create a vibrant tropical tapestry. A local expert privately guides you by boat through this remarkable place as you explore the flora and fauna.

### Visit to Sea Turtle Conservancy and Tortuguero Village

Travel by boat to the Sea Turtle Conservancy Center where you will learn about the renowned naturalist, Archie Carr, and his work with the endangered green turtles. Next, visit Tortuguero Village to see how the locals live. Wander the pathways that wind through this peaceful place—there's not a car or motor bike to be found!

### Lunch at Laguna Lodge

A delicious lunch awaits you in the hotel's thatched-roof restaurant as you eat with the other hotel guests.

### Afternoon On Your Own

Return to Tortuguero Village or just lounge at the lodge—spend your time this afternoon as you wish!

### Welcome Dinner

After your day of discovery, celebrate your arrival with a festive hotel welcome feast arranged especially for *Adventures by Disney* Guests. Get into the groove with a calypso band when they join the festivities.

### Junior Adventurers Movie Night & Stargazing

After dinner, Junior Adventurers can enjoy a private Disney movie presentation followed by stargazing with their families.

### Nature Walk

Guests can opt to take a nighttime nature walk with a local expert to search for potential nesting sea turtles on the beach.\* See if you can spot the green turtles, giant leatherbacks, hawksbill or loggerhead turtles that nest on the nearby beaches.

\*Nighttime nature walk is available during Green Sea Turtles nesting season (July through September).

Accommodations: Laguna Lodge

**Meals included:** Breakfast, Lunch and Dinner

## ***Adventures By Disney | Itinerary: Day 3***



### **Journey to Arenal**

After your last breakfast at the Laguna Lodge, board the river boat to begin your journey to Caño Blanco Dock, where you will continue by luxury motor coach\* onto Sarapiquí. As the coach follows the road, your imagination follows stories about the surrounding land told by your Adventure Guides.

### **Lunch at Rancho Roberto's Restaurant**

Stop in route to Sarapiquí for a very special lunch with your fellow Adventurers at this landmark restaurant featuring farm-to-table cuisine! The chef joins you at the table for a unique meet-and-greet.

### **Pineapple Plantation**

Learn to live off the land at a real working plantation! Discover Costa Rica's spirit of environmental respect and meet the people who live and work the earth every day. After the plantation, continue onto Arenal!

### **Arrive at Arenal**

Prepare yourself for the powerful sight of the Arenal volcano as its great plumes of smoke stroke the expansive sky and molten lava slithers down the steep slopes. It's a dramatic backdrop to the tranquil Hotel Arenal Manoa in La Fortuna, where your Adventure Guides will check you in upon arrival.

### **Dinner at the Hotel**

Once you are settled, get ready for a private BBQ at the hotel's poolside with your fellow Adventurers. As you dine, soak up the panoramic view of the beautiful Arenal volcano as it rises from the horizon, surrounded by verdant pastures and hillsides.

\*The roads from Caño Blanco Dock are at times very uneven.

Accommodations: Hotel Arenal Manoa

**Meals included:** Breakfast, Lunch and Dinner

## Adventures By Disney | Itinerary: Day 4



### Sky Trek to Zip Lining

Ride through the rainforest in a luxury coach until you reach the Sky Tram, where you will climb inside a gondola that carefully carries you over the ancient emerald woods. Take in the extraordinary views and observe how the vegetation changes as your gondola rises up the mountain.

### Zip Line Adventure\*

It's the adrenaline thrill of a lifetime! Strap on a harness, click onto suspended wires, and soar across the sky as you zip line through the rainforest treetops. *Adventures by Disney* has found the expert guides to make this an awesome adventure to remember.

### Lunch On Your Own

After your high-speed ride through the wilds, tame your hunger with a hearty meal of Costa Rican cuisine.

### Maleku Arts Experience

Learn some traditional crafts from some local artisans. Get the family together and connect with the culture and your creative side -- you may even design a keepsake of your own!

### Hidalgo Hot Springs

Get whisked away to Hidalgo Hot Springs and immerse yourself in the soothing mineral water pools. These natural springs are heated by the Arenal volcano itself! So find a quiet corner and relax after the adventures of the day.

### Dinner at Hidalgo Hot Springs

Sit down for a delicious evening meal of Costa Rican cuisine prepared in a traditional rustic kitchen, right there in the hot springs restaurant.

\*To use the zip line, you must be at least 8 years old. Size restrictions also apply.

Accommodations: Hotel Arenal Manoa

**Meals included:** Breakfast and Dinner

## ***Adventures By Disney | Itinerary: Day 5***



### **Departure to Guanacaste**

Have a buffet breakfast at the hotel before departing for breathtaking Guanacaste! Named after Costa Rica's national tree, this sun-kissed province is famous for its sparkling shorelines, exciting water sports and superb bird watching.

### **Tenorio River White Water Rafting / Float Trip**

Travel through the rainforest to the river for a wet and wild rafting adventure! Shoot down roaring rapids and bob over gushing waters as you glide by a forest full of exotic creatures. Enjoy a rafting adventure in Class 3 rapids or opt for a serene float trip on gentler waters.

### **Private Lunch Overlooking the River**

Top off your whitewater adventure with an unforgettable lunch in a restaurant overlooking the river.

### **Arrive at Villas Sol Hotel & Beach Resort**

This peaceful resort is set on a forested hillside overlooking the ocean. Take in the sea breeze and luscious scenery as your Adventure Guides check you into the resort. Then spend the afternoon as you wish exploring the coastline, basking by the pool or sipping a cocktail in the bar.

### **Junior Adventurers Dinner and Movie Night**

Dine at your leisure at the hotel restaurant. Meanwhile, Junior Adventurers and the Adventure Guides get together for their own meal of kid-friendly fare. After dinner, Junior Adventurers can cuddle up with their families for a private Disney movie presentation at the hotel.

Accommodations: Villas Sol Hotel & Beach Resort

**Meals included:** Breakfast, Lunch and Dinner

## Adventures By Disney | Itinerary: Day 6



### Tempisque River Tour

Cruise the Tempisque River—the largest river in Costa Rica—for an unforgettable adventure through one of the world's richest ecosystems! Like a scene out of a nature documentary, watch as a wide variety of water fowl, monkeys and even crocodiles appear on the shores.

### Hiking in Hacienda El Viejo

The eco-adventure continues with a hike through the rich wetlands of the Hacienda. Watch for howler monkeys, crocodiles and much more!

### Private Lunch at La Casona

Cool your heels after the hike as you enjoy a private meal at this restaurant nestled in a scenic setting.

### Sugar Cane Plantation

Discover the sweet life of "raising cane" on this tour of a working sugar cane plantation. You'll also find out how to make delectable piloncillo—delectable brown sugar caramel!

### Horseback Riding

Saddle up for a tranquil ride along the tropical Tempisque River. Keep an eye out for the various bird species such as white ibis, great egret, little blue heron and the striking plumage of the bare-throated tiger heron.

### Mojito Making

Learn how to make this delicious rum cocktail the way the natives do. Junior Adventurers can kick back with a non-alcoholic drink.

### Farewell Dinner

Celebrate the adventures of your trip over a festive dinner accompanied by lively calypso music. Toast to all your newfound friends and the family memories you will cherish forever. Salud!

Accommodations: Villas Sol Hotel & Beach Resort

**Meals included:** Breakfast, Lunch and Dinner

## ***Adventures By Disney | Itinerary: Day 7***



### **Breakfast at the Villas Sol Hotel & Beach Resort**

Enjoy an early last breakfast in paradise and say goodbye to your fellow Adventurers.

### **Motor Coach to Liberia**

Ride back to Liberia via motor coach to connect with your departing flight and say hasta luego until you return to the tropics!

Accommodations: Villas Sol Hotel & Beach Resort

**Meals included:** Breakfast

**Adventures by Disney Guaranteed Departure Program<sup>2</sup>**

We will not cancel any regularly scheduled departure less than 70 days prior to its scheduled start date. Restrictions apply, see below for details.

(1) AIRFARE TO AND FROM DESTINATION IS NOT INCLUDED IN OUR LAND PACKAGE PRICES. All prices are in U.S. dollars. Your land package pricing, which will be confirmed once we receive your USD\$300 per person deposit, is guaranteed at the time of booking for your party. Government fees or taxes are subject to change. Guests added to your party after the booking are priced at the prevailing rate at the time they are added. The child rate applies to Guests under 12 at the time of travel when accompanied by an adult in the same room. Guests under 18 must be accompanied by a parent or legal guardian. If you are traveling with children, check this trip's minimum eligibility age and recommended minimum age, which you can find in the Overview, FAQs and Itinerary. Room configurations are subject to availability. Please see "Notes on Accommodations" for room configurations.

(2) 70 Day Guarantee Terms & Conditions: Adventures by Disney Travel Services, Inc. will not cancel any regularly scheduled departure less than 70 calendar days prior to its scheduled start date, except if cancellation of same is due to: (1) non-payment by the Guest; or (2) factors beyond our reasonable control, such as, but not limited to: industry-wide strikes, civil unrest, embargos, fires, explosions, floods, earthquakes, typhoons or similar severe storm, wars (whether or not declared), or acts or threats of terrorism or a direct response to same; in which case the provisions of our standard Terms and Conditions shall apply. 70 Day Guarantee does not apply to any Adventures by Disney packages offered in conjunction with any Disney Cruise Line® cruise.

**Note on Accommodations: Subject to availability:**

Parties of three in San José are accommodated in one room with two double beds. Parties of three in Tortuguero are accommodated in one room with two double beds. Parties of three in Arenal are accommodated in one room with two double beds. Parties of four booked as a quad: In San José, quads are accommodated in one room with two double beds. In Tortuguero, quads are accommodated in one room with two double beds. In Arenal, quads are accommodated in one room with two double beds. Parties of four booked as two doubles: In San José, accommodations consist of two rooms, each having either two double beds or one king bed. In Tortuguero, accommodations consist of two rooms, each having two double beds. In Arenal, accommodations consist of two rooms, each having two double beds. In San José, singles are accommodated in one room with two double beds or 1 king bed. In Tortuguero, singles are accommodated in one room with two double beds. In Arenal, singles are accommodated in one room with two double beds. In Guanacaste, singles are accommodated in one room with two double beds or 1 king bed. In San José, doubles are accommodated in one room with two double beds or 1 king bed. In Tortuguero, doubles are accommodated in one room with two double beds or 1 king bed. In Arenal, doubles are accommodated in one room with two double beds. In Guanacaste, doubles are accommodated in one room with two double beds or 1 king bed.

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